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Governor : Kamesh Suwar S Elangbam
Asst. Governor : Sunil Borgohain

Club President : Santanu Roy
Club Secretary : Dr Dipen Borthakur
Editor : Bhaskar Chaudhuri



This November, as we celebrate The Rotary Foundation, I invite you to consider not only what we give but why we give. The Foundation is more than a fund for projects. It is the beating heart of our promise that service, rooted in trust and friendship, can

create lasting change.

Our Action Plan calls us to increase our impact, and the Foundation is how we make this vision real. Since 1988, Rotary and our partners have immunized nearly 3 billion children against polio. We have committed more than \$2.6 billion to this cause, and last year alone we directed \$146 million toward the final push for eradication. These numbers are significant, but the true impact is not in statistics — it is in the lives of children who will never again fear polio. It is in the hope restored to families and the peace built in communities once defined by disease.

But polio is only one story among many. Each year, Rotary Peace Centers train new generations of leaders who will transform conflict into dialogue and division into understanding. In 2023-24, nearly 100 new fellows began their studies, continuing a legacy of more than 1,800 peace builders from over 140 countries. When we invest in them, we are planting seeds of peace that will bear fruit for decades to come.

The Foundation also touches lives through district and global grants, supporting projects large and small. A clean water well for a rural community, scholarships for young professionals, medical care in the wake of disaster — these are not temporary gestures, but steps toward dignity, resilience, and opportunity. This is how Rotary service becomes lasting impact. And when natural

no matter its size, joins with others to create a collective act of faith in humanity and in the future.

The last mile of any great journey is always the hardest. We see this in our final steps toward ending polio, in our work for peace, and in every project that seeks to lift people out of despair. Yet every time we give, we declare that our work will continue regardless of the challenge.

This November, let us give with gratitude, with joy, and with hope. Through our Foundation, we Unite for Good, and in doing so, we leave behind not only projects but a legacy of peace, trust, and Service Above Self.

From the Editor



This month, the Rotary Club of Digboi once again demonstrated its unwavering commitment to community service and humanitarian values. Our members came together to make a tangible difference through a series of impactful initiatives that truly embody the Rotary spirit.

A Blood Donation Camp was successfully organized in collaboration with local health authorities. Every drop counts, and this initiative reminded us that small acts of kindness can create profound change.

Clean drinking water is the foundation of good health and dignity. Through our District Grant project, we extended safe and accessible water facilities at Digboi Public Bus stand.

Continuing our long-standing commitment to eradicating polio, our club also carried out 'End Polio Now' awareness and immunization drives, reaching out to communities to ensure no child is left vulnerable to this preventable disease.

The Rotary Club of Digboi continues to stand as a beacon of hope and service — dedicated to creating lasting change in our community.

Together, we move forward — with heart, with purpose, and with Rotary pride.

Bhaskar Chaudhuri



Blood donation is a critical act of generosity that saves countless lives. By donating blood, individuals directly contribute to the well-being of patients who need transfusions to survive.

Many people hesitate to donate blood due to misconceptions about pain, safety, or eligibility. It is essential to educate the public that blood donation is a safe process that does not harm the donor. Awareness campaigns help dispel these myths and encourage more people to donate.

Keeping all these in view Rotary Club of Digboi organised a Blood Donation Camp 10th October at Digboi College in association with NSS unit of Digboi College. Assistant Governor of our Zone XIV Rtn Sunil Borgohain graced the occasion



The camp was supported by the staff of Divisional Forest Office, Digboi, The Indian Army, Students of Digboi College and our club members. Total 54 units of blood collected by Assam Medical College & Hospital, Dibrugarh.



Global Handwashing Day is an annual global advocacy day dedicated to advocating for handwashing with soap as an easy, effective, and affordable way to prevent diseases and save lives. Global Handwashing Day is celebrated every year on October 15th.

The first Global Handwashing Day was held in 2008, when over 120 million children around the world washed their hands with soap in more than 70 countries. Since 2008, community and national leaders have used Global Handwashing Day to spread the word about handwashing, build sinks and tippy taps, and demonstrate the simplicity and value of clean hands. Since then, Global Handwashing Day has continued to grow.

Rotary Club of Digboi also observed the same at Anganwadi Center, Margherita on 15th October 2025. Rtn Dr. Dipen Borthakur, Secretary RC Digboi addressed the gathering and demonstrated the various steps of proper handwashing to promote hand hygiene. Total 32 lactating mothers and 5 ASHA workers participated the program. Rtn Dr. Borthakur emphasized the importance, particularly for mothers before feeding their children, to prevent infections and ensure better health for both mother and child.





Why Rotary Community Corps?

"Rotary Community Corps are local. They are part of the community and help mobilize the community. They ensure that local needs are met. And most significantly, a Rotary Community has a vested interest in its own success. Their members have to live with the results of their work; their commitments are the basis for sustainability. Rotary grant projects that establish Rotary Community Corps help to ensure that the project's impact lives on in the community long after Rotary's direct support ends."

Ron Denham, founder of the Water, Sanitation, and Hygiene Rotary Action Group

A Rotary Community Corps (RCC) is a group of non-Rotarians who share our commitment to changing the world through service projects.

RCC members plan and carry out projects in their communities in collaboration with local Rotary clubs. Sponsored by a Rotary club, an RCC leverages Rotary's network, brand, and mentorship by partnering with clubs to plan and implement service projects. RCCs increase Rotary's impact and expand its reach by bringing the knowledge and talents of local people to strengthen their community through sustainable projects.

There are more than 12,000 corps in 105 countries and 257 districts. RCCs are active everywhere Rotary is present: in urban and rural areas, and in both developed and developing countries. Read more about RCC trends worldwide in the annual Rotary Community Corps report.

What are the benefits?

By joining or organizing an RCC, you can make a tremendous impact in your community. RCCs empower community members to take the lead in addressing their needs. Projects are more sustainable and have greater impact when community members are involved in their design, implementation, and long-term oversight. Through RCCs, clubs diversify participation in their service activities and help develop new leaders in the community.

RCCs can be created to address an identified need in the short-term through a service project or to address various local needs through ongoing service projects.

Membership into RCCs is open to any adult in the community who shares Rotary's commitment to service but is not a Rotary member. Members can

be comprised of individuals or an entire village, neighborhood, or community association that wants to work with a club on service projects. The majority of RCCs do not charge membership dues. Those that charge nominal dues use funds to solely offset administrative costs.

By sponsoring an RCC, your club gives more people a chance to take action to solve your community's problems. Here are the steps to start an RCC:

Create awareness for the RCC program within your club.

Assess the need for, and feasibility of, establishing an RCC.

Review Rotary's policies for RCCs (Chapter 5 of the Rotary Code of Policies, RCC Constitution, and Bylaws).

Identify and recruit at least 10 community members for your RCC.

Register your RCC by sending a completed organization form to Rotary International.

Celebrate once your RCC certificate arrives. Organize an event to recognize the partnership between the RCC and your club.

How to sustain a successful RCC

Support and mentorship from the sponsoring club is the key to an RCC's success. Rotary clubs provide ongoing guidance to their sponsored RCC and share service-related resources and tools with the corps. The primary club sponsor is responsible for ensuring that the RCC's activities are aligned with RI's policies and procedures. Sponsor clubs are encouraged to invite RCC members to their meetings and events.

How to promote RCC

Publicize an RCC's accomplishments through your club and district communication channels.



Inauguration of Drinking Water Project at Digboi Public Bus Stand constructed by Rotary club Digboi in presence of Immediate Past AG Sailesh Sarmah, Present AG Sunil Borgohain, Chief Guest CDSP Himanshu Gohain and Guest of honour Chairman Town Committee Pinku Datta Choudhury and members of R C Digboi.

The project is under Rotary 3240 District Grant project. District grants fund small-scale, short-term activities that address needs in your community and communities abroad whereas Global grants support large international activities with sustainable, measurable outcomes in Rotary's areas of focus.

Past President and past AG Rtn Arup Goswami on behalf of RC Digboi shared the brief about the project in front of the august gathering and expressed satisfaction for completing the project and inaugurate on the morning of Deepavali. Past President Rtn Purna Borah requested all concerned and public at large to maintain the facility in neat & clean condition.



ৰটাৰী ক্লাবৰ উদ্যোগ

ডিগবৈ ৰাজহুৱা বাছ আস্থানত বিশুদ্ধ খোৱাপানী প্ৰকল্প উদ্বোধন

প্ৰতিদিন সেৱা, ডিগবৈ, ২০ অক্টোবৰ : ডিগবৈ ৰাজহুৱা বাছ আস্থানত বিশুদ্ধ খোৱাপানী প্ৰকল্প স্থাপন কৰে ডিগবৈ ৰটাৰী ক্লাবে। বাছ আস্থানৰ যাত্ৰীসকলে এই পানী প্ৰকল্পটোৰ পৰা বিশুদ্ধ খোৱাপানী খাব পাৰিব। আজি প্ৰকল্পটো উদ্বোধন কৰে ডিগবৈ সমাজজিলা আৰক্ষী বিষয়া হিমাংশু গোস্বামী। বিশেষভাৱে

উপস্থিত থাকে ডিগবৈ পৌৰসভাৰ পৌৰপতি সুদীপ্ত দত্ত চৌধুৰী। অনুষ্ঠানত ডিগবৈ ৰটাৰী ক্লাবৰ শান্তনু ৰয়, পূৰ্ণ বড়া, ত্ৰিলোক গুপ্তা, অৰূপ গোস্বামী, প্ৰণৱ পাটোৱাৰী, সুনীল ফুকন, শৈলেশ শৰ্মা, সুনীল বৰগোহাঁই। পানীখোৱা প্ৰকল্পটো পৰিষ্কাৰ কৰি থবলৈ ৰাইজক আহ্বান জনাইছিল ডিগবৈ ৰটাৰী ক্লাবে।






ORGANIC CULTIVATION & AWARENESS CAMP

Organised By
ROTARY CLUB OF DIGBOI
RI DIST. 3240

Project Partner
INDIAN OIL CORPORATION LTD.
ASSAM OIL DIVISION
DIGBOI

Date : 25.10.2025 Time : 11.00 am Venue : Margherita Hindi High School, Balukhad

An organic cultivation & awareness camp was successfully organised by RC Digboi at Hindi High School Margherita on 25th October with support from IOCL Digboi.

Rtn Arup Goswami, Past AG from our club was the resource person for this event in presence of Club president Rtn Santanu Roy & Rtn Kailash Gupta.

About hundred Students & school staffs actively participated in the session, learning about sustainable farming practices.



Rtn Goswami explained the benefits of organic cultivation and simple steps for starting the activities at one's kitchen garden in a very simple way.

He also explained the demerits of using chemical fertilisers' and pesticides in farming and its effects in human body.

There are many simple ways and means for organic solutions for saving the harvest from pests without using chemical pesticides, which are not only effective but also less expensive.



In connection with the World Polio Day, a rally was organised by RC Digboi with the active support of Asha Workers & Nurses for awareness of pulse polio activities.

The event aimed to raise awareness about the importance of eradicating polio & promoting vaccination. Participants carried banners & slogans spreading the message of a Polio free World.

The rally reflected the strong community spirit & collective efforts towards building a heal their future for all.

We also organised an awareness talk on Polio among the students of Hindi High School Margherita.

Pulse Polio is an immunisation campaign established by the government of India to eliminate poliomyelitis (polio) in India by vaccinating all children under the age of five years against the polio virus. The project fights polio through a large-scale, pulse vaccination programme and monitoring for poliomyelitis cases.

Rotary initiated PolioPlus in 1985, raising funds and mobilizing volunteers, and was a founding partner of the Global Polio Eradication Initiative in emergency services. India's Pulse Polio Programme, which began in 1995, uses mass vaccination campaigns with the oral polio vaccine to immunize children, complementing its routine immunization efforts.

End Polio Now Campaign

The \$10 amount is frequently highlighted in Rotary's PolioPlus fund, where it has a significant, magnified impact.

- A donation of \$10 can provide vaccines for 60 children.
- Your donation is matched 2-to-1 by the Bill & Melinda Gates Foundation, effectively tripling the amount of your gift.
- Rotary asks individual members and the public to give what they can to support the final push to eradicate polio worldwide.

This time our club achieved this goal by contributing by each member at least 10USD in Rotary Polio Fund.



The Dining Table

I grew up in a home where we had a dining table where besides food, love, compassion, stories problems were shared. No fancy plating or expensive dishes. Usually adorned with bell metal plates or steel utensils, each family learnt values here. They talked, chatted, got scoldings, but there was fun and bonding

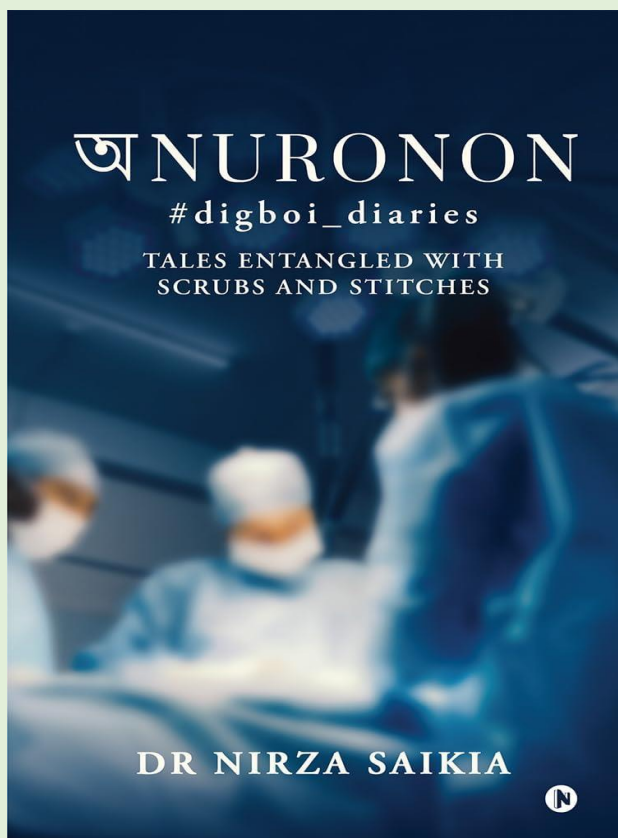
There was no pre-planned menu; go to the kitchen garden, pluck some leaves, vegetables and Maa would cook something. And that something was so scrumptious and delicious, no MasterChef could match the taste

If you want to remain happy and strong, never forget this dining table. A table that witnesses love. Generations over generations remain a testimony to the lovely moments spent. Breakfast, lunch, dinner, or evening snacks, everyone stuck to time, No one was in a hurry; no one had a special menu

Because each one was special!

Are you missing something, missing out on talks on the dining table?

Act now



The Hand of God

Did you ever hold someone's hand? Someone meaning... a stranger, not your father, not your mother, not your husband or wife, even not your children. A random person, a random meet. I know people would call this crazy if you were to touch someone not related to you.

As a doctor. I get the privilege of meeting and greeting the unknown, and that's why I vouch for the power of touch. Sometimes, it's not about diagnosing a skipped beat, an irregular pulse or a rapid blood flow,
Maybe it's about warm hands and cold face,

Maybe it's about a broken heart, a torn trust, a healing face or a sinking faith.

The hands say a lot beneath our words. You may hide your flaws or fights but your feel won't lie. You may seem calm but deep down you are struggling with your inner demons. I can see that, not by eyes but by my hands.

Sometimes, even if I don't need to, I touch my patients' hands just to reassure them that everything is fine. Touch is a promise, a whisper, a warning, a goodbye.

It's a language. It can heal, comfort and inspire.

Try holding the hands of the happiest person on social media, hug them, and if they won't cry their hearts out, the coffee is on me.

People are lonely; they need good and happy companions. People need genuine care, no fake belongings.

Two small stories shared from the book written and presented by IPP Dr Nirza Saikia. It is really a wonderful achievements of authoring such a wonderful maiden book and getting Best Club Presidents award in the same year.

This book is available at Amazon in Kindle and Paperback formats.



Rotary Club of Digboi conducted a dedicated cleanliness drive at Chat Puja Ghat with the aim of keeping our beloved town clean and beautiful. With the active participation and support of our members, we ensured a cleaner and more pleasant environment for the community.



Alongside the cleaning activity, we also collected used banana plants and leaves left behind after the rituals. Instead of allowing these natural materials to go to waste, we are repurposing them for vermicomposting.

This eco-friendly initiative aligns with our ongoing commitment to environmental sustainability, as we convert biodegradable puja materials into rich organic compost under our permanent project “Adarsh Seuj Prakalpa”, supporting our plantation and green initiatives.



Together, we continue to work towards a cleaner, greener and healthier Digboi!

Vermicomposting with banana trees is an excellent way to recycle organic waste, improve soil fertility, and boost banana plant growth naturally.

🌱 What Is Vermicomposting?

Vermicomposting is the process of using earthworms (usually *Eisenia fetida* or *Eudrilus eugeniae*) to convert organic waste into nutrient-rich compost called vermicompost. This compost improves soil structure, aeration, water retention, and nutrient content — all crucial for banana cultivation.

🌿 Why It's Great for Banana Trees

Banana plants are heavy feeders that need lots of nutrients, especially nitrogen (N), phosphorus (P), and potassium (K). Vermicompost provides:

- ✓ Slow-release nutrients
- ✓ Beneficial microbes
- ✓ Improved soil moisture
- ✓ Better root growth and yield

Studies show that using vermicompost can increase banana bunch weight, fruit quality, and overall yield.

Materials Needed

- ✚ Organic waste: banana peels, kitchen scraps, vegetable waste, cow dung, dry leaves.
- ✚ Earthworms: *Eisenia fetida* (red wigglers) are ideal.
- ✚ Bin or pit: Cement tank, drum, or earthen pit (size depends on scale).
- ✚ Moisture & shade: Worms need 60–70% moisture and protection from sunlight.
- ✚ Banana waste: Use pseudostems, leaves, and peels from banana plants as feedstock.

The Basics of Rotary - Attending Club Meetings

Attending weekly club meetings allows members to enjoy their club's fellowship, enrich their professional and personal knowledge, and meet other business leaders in their community.

If members miss their own club's meeting, they are encouraged to expand their Rotary horizons by attending make-up meetings at any Rotary club in the world - a practice that guarantees Rotarians a warm welcome in communities around the globe. Attendance is also counted when you attend a board meeting, district function or district committee meeting, or even when you participate in a designated service project in our community. A Rotarian's attendance is also counted if you attend a Rotaract or Interact or EarlyAct meeting. There is also an e-club meeting which would count as a make-up meeting.

Effective Club Meetings

The President of the Club is responsible for planning and conducting weekly meetings. To many Rotarians, the weekly meeting is the main activity and the reason that they join Rotary. It is the first impression of the potential members. A professionally run, effective, and fun meeting is the key to a successful Rotary Club.

Some protocols for ready references

Club meetings:

The weekly meetings are primarily fellowship meetings and should not be used to make decisions on club problems, financial matters, the details of club projects and plans. The Manual of Procedures is clear in stipulating that the Board of Directors is the governing body of the club and decides on those issues in meetings separate from the weekly fellowship meetings. If the Board needs to consult the members, it may call for a club Assembly.

Rotary innovations:

Rotary Invocations should be short and simple, acceptable to any religious denomination. Even when members are predominantly catholic, protestant or other, the Rotary Invocation should be inter-denominational.

Introducing guests:

Organise members to host special guests for the meeting. This will involve introducing them to the President and to other members, organising a pre-meeting drink if this is the custom at your club, escorting them to their seats, possibly sitting with them and explaining the meeting procedure to them if they aren't Rotarians, involving them in table discussion and farewelling them at the conclusion.

Check that the person introducing the guest speaker is present and has received the speaker's resume and has sufficient information to give a dignified introduction.

Visit by the District Governor:

Rotary Clubs must fulfill one of the few duties that is actually required by Rotary International, which is to host the District Governor for the official District Governor club visit. The District Governor may wish to meet with the Club Board approximately 30 minutes to one hour prior to the meeting. The District Governor will be the program for your meeting the day of their visit. This is an opportunity for partners and guest to attend.

Visiting Rotarians and guests

Welcoming of Visiting Rotarians and Guests should be explicitly recognized. When recognising, mention first the name of the Club, classification or profession, designation in the Club or District and finally name in a sentence as follows: 'Fellow Rotarians, ladies and Gentlemen, please, help me welcome, "(Title, their name and name of their club)". Then lead in the applause.

Rotary badges

Rotary Badges may be worn at meetings, but most Rotarians today do not wear them at Club meetings.

The Paul Harris badge should be displayed below the Rotary emblem.

The Paul Harris Medal should be worn at:

- Club presentation of Paul Harris Fellows
- Opening of District Conference
- Paul Harris Reunions
- District Governor's Official Visit
- Other such ceremonies.